

FC Sonora – Randolph Soccer Club Parent/Player Agreements

Consent Policy

I, the parent/guardian of registering player, a minor, agree that I and the player will abide by the rules and regulations of FC Sonora - Randolph, the USYSA, its affiliated organizations and its sponsors (“USYSA Parties”). In consideration of the player’s participation in the soccer programs and activities of the USYSA Parties (“the Programs”), I, for myself and the player and our respective heirs, administrators and successors, intending to be legally bound, hereby release and indemnify the USYSA Parties, the owners and operators of the facilities used for the Programs, and their respective directors, officers, employees, agents and representatives from and against all claims, liabilities, damages or causes of action arising out of or in connection with the player’s participation in the Programs including, without limitation, player’s transportation to/from any Program, which transportation is hereby authorized. I further grant the USYSA Parties the right to use the player’s name, picture and/or likeness in printed, broadcast, web and other material concerning the Programs provided such use is related to the player’s status as a participant in the Programs. However, for the safety of the player, a photo or player number will never be publicly associated with the player’s name unless specific permission is requested for each instance (typically this will be for older players seeking recognition by college coaches.)

AYSA Concussion Policy

In order to help protect the soccer players of Arizona, the Arizona Youth Soccer Association has mandated that all our soccer players, parents/guardians and coaches follow the [AYSA Concussion Policy](#). A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

<ul style="list-style-type: none">• Headaches• “Pressure in head”• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns	<ul style="list-style-type: none">• Amnesia• “Don’t feel right”• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment
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Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

What can happen if my child/player keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child/player has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours.

“a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time”

and

“...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider”.

Licensed Health Care Providers acceptable to make the determination:

1. Medical Doctors (MD)
2. Doctor of Osteopathy (DO)
3. Advanced Registered Nurse Practitioner (ARNP)
4. Physicians Assistant (PA)
5. Licensed Certified Athletic Trainers (ATC)

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

Code of Conduct

Youth Sports play an important role in promoting the physical, social, and emotional development of young people who can recognize choices, think about consequences and base their actions on that information. Therefore, it is essential for parents, coaches, spectators, and officials to encourage youth athletes to embrace the values of good sportsmanship. Furthermore, parents, coaches, spectators, and officials involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect, and self-control. The Arizona Youth Soccer Association is committed to establishing an environment that is safe and fosters optimal learning opportunities for all our players. The Arizona Youth Soccer Association has formulated this Code of Conduct and requires that you commit to be responsible for your words and actions while attending, coaching, officiating, or participating in Arizona Youth Soccer Association events and that you conform your behavior to the following Code of Conduct: 1. I will treat everyone whom I encounter with respect.

2. I will not engage in unsportsmanlike behavior towards any coach, parent, player, participant official or any other attendee.

3. I will not engage in any behavior that would endanger the health, safety, or well being of any coach, parent, player, participant, official, or any other attendee.

4. I will not use drugs, alcohol or tobacco products while involved in any youth soccer activities, whether training, attending games, or officiating.

5. I will not use profanity, obscenity or any other offensive language.

6. I will endeavor to ensure that no parents, spectators or anyone associated with my team to use profanity, obscenity or any other offensive language while within the hearing of players or officials.

7. I will not engage in verbal or physical abuse towards any other coach, player, parent, participant, or official.

Anyone who fails to conform to the preceding Code of Conduct while attending, coaching, training, officiating or participating in an event sanctioned by the AYSA will be subject to disciplinary action.

We have discussed, appropriately according to age, Code of Conduct and the AYSA Concussion Policy. We understand these policies and agree to abide by them.

Player Name Printed

Player Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date

Primary contact Phone #

Primary email address